

# Jerome Consulting

## Ultimate Travel Packing Checklist

### Clothing

- Bathing Suits
- Belts: Formal Dress & Casual
- Blouses: Formal Dress & Casual
- Caps & Hats
- Dresses: Formal Dress & Casual
- Gloves & Heavy Scarves
- Jackets: Heavy Lining w/ Hood
- Jackets: Raincoats & Ponchos
- Jackets: Sweaters & Windbreakers
- Pajamas (or Athletic Shorts & T's)
- Pants: Casual & Jeans
- Pants: Formal Dress
- Pants: Sweats & Capris
- Shirts: Casual & Button Down
- Shirts: Formal Dress
- Shirts: Sweatshirts & Long T's
- Shirts: T-Shirts
- Shoes: Beach, Pool & Water
- Shoes: Casual
- Shoes: Formal Dress
- Shoes: Hiking & Walking
- Shoes: Running, Tennis, Sports
- Shoes: Sandals & Flip Flops
- Shorts: Athletic
- Shorts: Casual
- Socks: Athletic
- Socks: Casual
- Socks: Formal Dress
- Suits & Formal Dress Jackets
- Ties & Light Scarves
- Underwear & Bras

### Toiletries

- Afrin, Benadryl, Claritin, Zyrtec, etc.
- Antacid, Airborne etc.
- Acetaminophen, Ibuprofen, etc.
- Band-Aids, Tape, Nu-Skin, etc.
- Body Powders, Lotions, Lubricants
- Bug Repellents & Anti-Itch Gels
- Contact Lenses & Solutions
- Cortisone, Neosporin, etc.
- Cosmetics
- Deodorants
- Dramamine, Imodium, etc.
- Eye Drops & Nose Sprays
- Hair Coloring Packets
- Hairbrushes & Hairsprays
- Lip Balms & Sticks
- Nail clippers & Tweezers (Scissors Checked)
- Nyquil, Theraflu, etc.
- Retainer Cases & Bands
- Shampoos & Conditioners
- Shaving Crèmes & Razors
- Soaps & Cleansers
- Special Medications/Prescriptions
- Suntan & Sun Block Lotions/Sticks
- Toothbrush, Toothpaste, & Floss
- Vitamins (\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_)

### Preparation

- A/C Turned Off
- Airport Travel To/From Arranged
- Alarms Turned Off
- Bills Pre-Paid
- Car Prep (Gas, Wash, Tires, Oil, Radiator, Wiper Fluid, etc.)
- Dishwasher Turned On
- Email Auto-Reply Set Up (Optional)
- Email Clear & Reply to All
- Email Forward (Uncheck Box @ Tools/Accounts)
- Email Travel Instructions
- Emergency Plan (Family/Neighbors Given Itinerary)
- Hair & Nails Cut
- Indoor Plants Watered (Key to caregiver, etc.)
- Laptop Skype Set Up
- Mail & Magazines On Hold
- Money (\$5 in Quarters & \$10 in \$1's = Tolls, Parking, Showers)
- Newspapers On Hold
- Refrigerator & Freezer Clean Out
- Security Light Timers Turned On
- Shipments Received Or On Hold
- Spray Home For Ants
- Sprinklers Turned On
- Trash Cans Taken Out & In
- Trash Removed From All Rooms
- Umbrella Closed & Tied Up
- Voicemail Clear & Reply To All
- Water Fountain Turned Off

### Food

- Bread & Bagels
- Canned Foods, Veges, Beans, Etc.
- Cereals (Cereios, Chex, Oat Squares, Etc.)
- Cheeses & Crackers
- Condiments & Seasonings
- Dried Fruits & Raisins
- Drinks (Milk, Soda, Juice, Beer, Wine, Water, Additives, Etc.)
- Fruits (Bananas, Cantaloupe, Grapes, Apples, Pears, Cherries)
- Gum
- Hot Dogs & Buns
- Nuts & Trail Mix
- Peanut Butter
- Power & Granola Bars
- Pretzels & Chips
- Salsas & Dips
- Smores (Marshmallows, Grahams, & Chocolate)
- Soups
- Suckers, Hard Candy, Etc.

### Food Related

- Bottle Opener
- Coolers & Jugs
- Paper Plates, Napkins, Towels
- Plastic Cups & Bowls
- Plastic Forks, Spoons, & Knives
- Wine Opener, Stopper, & Pump
- Champagne Stopper
- Zip Lock Bags (Quart & Gallon)

### Miscellaneous

- Alarm Clock
- Binoculars
- Breath Mints
- Camera, Memory, Charger, Tripod
- CDs (For Rental Cars)
- Cell Phones & Chargers
- Chairs
- Collar Stays
- Daypacks & Backpacks For Hiking
- Ear Plugs
- First Aid Kit
- Flashlights & Extra Batteries
- Glasses: Prescription & Sun
- Itinerary & Calendar Print Out
- Laptops (Cords & Synchronized)
- Laundry Soap (& Optional Clothesline)
- Luggage
- Maps (Road & Trail)
- Navigation System & Compass
- Notepads & Journals
- Pens & Pencils
- Sewing Kit
- Shoe Bags
- Suitcase Straps
- Tissues
- Toiletries Kit
- Towels (Swim/Beach, Shower, Cleaning, etc.)
- Travel Guides
- Umbrellas (Hand-Held & Ground with Mounting Stake)
- Video Camera, Cassettes, Memory
- Wristwatches (Formal Dress, Casual, Water, & Sport)

### Entertainment

- Board Games
- Books, Magazines, Newspapers
- DS, GB, & Chargers
- DVDs & Headphone(s)
- For Beach (balls, boards, Frisbee, umbrella, chairs, etc.)
- For Park (bocce, croquet, Frisbee, base/basketball, soccer)
- For Pool (balls, goggles, etc.)
- Gambling Casino ID Cards
- Handheld Games (BJ, Poker, Yahtzee, etc.)
- iPads (Headphone, Charger, Splitter)
- iPods (Headphone, Charger, Splitter)
- Poker Cards & Chips
- Wii, PlayStation, Xbox & Games

### Infants

- Baby Food & Formula
- Baby Supplies
- Baby Wipes
- Child's Car Seat

### Special

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### International

- Bank Notification Of Foreign Travel
- Cards (ATM Debit, 2 Credit Cards)
- Cash (U.S. Dollars)
- Contact Info (Address, Telephone, Email, etc.)
- CD-ROM or Flash Back-Up (files, slides)
- Client Contacts (& Directions, Site Maps, etc.)
- Electric Adapters & Converters
- Flash Drives
- Foreign Currency
- Insurance Coverage (Travel, Air, Car, Life, etc.)
- Licenses (Drivers & International Drivers)
- Money Belts
- Passports & Photocopies
- Purge Wallet & Copy Cards (Essentials)
- Reservations (Copies Of Confirmations)
- Student ID & Hostel Cards
- Tickets / Vouchers (Air, Car, Train, Museum, Event)

### Camping

- Air Mattresses
- Air Pumps
- Ant Spray (For Around Tent)
- Bathing Soap
- Blankets
- Chairs
- Charcoal
- Compass
- Cooking Utensils (Prongs, Spatula, Skewers)
- Dishtowels
- Dishwater Liquid, Tub, Scrubber
- Fire Pit Wood & Newspapers
- Fire-Starter Sticks
- Flashlights & Extra Batteries
- Garbage Bags
- Ground Tarp
- Lanterns & Fuel
- Lighters And Matches
- Lights & Extra Batteries
- Mallet For Tent Stakes
- Net Packs For Storage
- Nylon Rope
- Pillows
- Plastic Table Cloth & Clips
- Pots & Pans
- Rope
- Shovel & Axe
- Signal Mirror
- Sleeping Bags
- Sponges
- Stove & Fuel
- Swiss Army Knife
- Tent
- Tent Sweeper & Pan
- Toilet Paper
- Towels (Swim/Beach, Shower, Cleaning)
- Water Purifying Pump & Tablets



**Jerome Consulting**  
 (949) 830-0140  
 results@jeromeconsulting.com  
 www.jeromeconsulting.com

*Providing business leaders  
 lasting competitive advantages  
 through improved  
 team performance*